

Your Annual Physical What Does Your Insurance Cover?

Many of our patients have health insurance plans that cover the cost (including co-pay) of a yearly preventive health care visit – otherwise known as your annual physical. Not all insurance coverage is the same.

Your provider does not know your health plan benefits and sees many patients with various insurance plans throughout the day. Many insurance plans are no longer covering any lab work with an annual physical. We must follow the guidelines of the Affordable Care Act therefore we will only perform the services that are covered without cost sharing for the patient:

- Height
- Weight
- Waist (inches)
- Blood Pressure
- Pulse
- Colorectal Cancer Screening when indicated
- Prostate screening (PSA – Men over 50)
- Past medical, social, and family history
- Complete physical exam and review of body systems
- Review of medications/supplements
- Counseling, screening, and anticipatory guidance/risk interventions that are age/gender appropriate such as mammogram, bone density, etc.

Preventative care is care you receive when you are healthy and symptom free.

_____ (initial here) If you bring up health problems during your preventative exam or are requesting medication refills, understand that we will either need to address the medical problem at your office visit and reschedule your physical or set up another appointment to discuss your medical issues and will be subject to your **deductible or copay** if you are using insurance due at the time of the visit.

_____ (initial here) Any labwork ordered during your visit is subject to your deductible through your insurance and is your financial responsibility. Complete Care Physicians is not responsible for any charges for labwork. Please defer any questions to Quest Diagnostics or your insurance provider.

Following are examples of specific health concerns that will NOT be covered as part of your physical:

- Sinus infection, cough, sore throat, fever, rashes, etc
- Depression, Anxiety, sleeping problems
- Chronic problems such as Hypertension, Low Thyroid, Diabetes, etc.
- Medication refills or titrations

Signature: _____ Date: _____